Third Sunday of Great Lent of the "Veneration of the Holy Cross"

On Sunday, the day of our Lord's Resurrection, the Divine Liturgy concludes with the following benediction: "May Christ our God, who rose from the dead, have mercy on us through the power and help of the life-giving Cross ...".

The Cross is thus strength and dynamism to ascend to the Resurrection. The cross banishes, burns, crucifies, destroys, and opens on another way of being. Humanity is locked in the world, each man in his world, sealed by the absurdity of decay, decay and death. The Cross blesses this confinement by opening it to another life, a life liberated and free from all limitations; the true life we all long for.

The Cross gives the perspective, perhaps paradoxically, that life without the power and help of the Cross - a so-called limitation - is not real life. The cross brings the two dimensions together in its center: the dimension of the biological birth and death or horizontal dimension and the dimension of baptism and resurrection.

To stand at this crossroads is to understand what the words "strength" and "help" mean. This point removes all human limitations, hindrances and boundaries and brings man into a consciousness of limitlessness where the time of life - the horizontal dimension - is filled in and transfigured by the vertical dimension of the cross. Man can experience and experience this awareness tangibly in the Jesus Prayer: crossroads between heaven and earth, between "Have mercy - Son of God". The cross as reality of terror becomes reality of life, new and eternal life.